If Jesus and his disciples were to come to the friary where I live in Philadelphia, I would invite them in for some Mexican food and a glass of wine. I am almost certain that all of them would accept my offer to them. We read in some of the gospels that Jesus was called a drunkard and glutton by some because he drank and ate with his disciples. There was nothing wrong in this eating and drinking when Jesus and his disciples were invited. In fact, Jesus showed compassion and mercy by his act of entering into their homes. He also simultaneously entered and transformed their lives. Jesus went to them, where they lived. In the same way, we Capuchins are called to do the same. There is nothing wrong with going to eat and drink with people when they invite us. This is a great opportunity for us to share Jesus’s presence with them.

When I studied Christology, we learned that Jesus is not only fully divine but he is also fully human. Jesus had to share our human nature, except in sin, in order to save us from eternal death. The Gospels tell us that Jesus ate, drank, was tired from a long journey, cried, walked, and so forth.

When you visit our friary at Capuchin College you will notice that we have at least 12 flags from 12 different countries in our refectory. Each flag represents a Capuchin brother who has roots in that country, or has family still living there. Even though there are different cultures at that friary, the brothers relate to one another “normally” and no one boasts that one’s culture is better than another’s. We Capuchins are brothers who are called to be and work with God’s people. We Capuchins are called to work with God’s people, not from a position of superiority but rather on equal footing to the people with whom we meet. We Capuchins are called to relate to God’s people as brothers and sisters because we truly are. This is what makes the Capuchin way of life unique—that we meet God’s people where they are and that we share their joys and sorrows together. As Pope Francis says very well: ‘go and know the smell of the sheep’.

I must confess that I am delighted when people invite me to join them for food and drink. When we are at the table, we share stories, but, above all, we share who we are as brothers and sisters in the Lord. Perhaps this is what people see in the Capuchins—they are regular brothers who encounter God’s people on the streets, in hospitals, prisons, homeless shelters, schools, etc, and that they share their life with everyone, especially those who are less fortunate.

We Capuchins follow the example of Jesus Christ in the way he relate to people. Jesus is the Son of God, but also Jesus is the Son of Mary from whom he took his humanity. People who related to Jesus related to him precisely because of his humanity (without diminishing his Divinity). People saw in Jesus the true and only Son of God who is both divine and human. Wherever Jesus went, he related to people in their specific culture and time with specific customs. We Capuchins are not more human or special than any other person nor do we feel superior to anyone, we have simply given our lives over to the Lord in chastity, poverty, and obedience. Rather, after the example of our Lord, we serve and encounter God’s people where they are and we share with them their joys and sorrows.

To be honest with you, I like whenever I read in the gospels that Jesus was tired, or when he was thirsty, or when he was at a party eating and drinking. Jesus, being the Son of God, acted and related with simplicity of heart. We Capuchins are called to do the same. We Capuchins are called to follow after the example of our Lord Jesus Christ. We Capuchins are called to be “regular brothers” who are sensitive to the needs of others and who serve God’s people.
“Capuchins are just regular guys, down to earth and full of joy.” I have heard this compliment or something like it while living at Capuchin College in Washington, DC. I have heard it from my fellow students at The Catholic University of America, from visitors to our friary, from family and friends, and I have heard it from people I have met in ministry or on the streets. I enjoy the compliment because it is ultimately not about me or even about Cap College, it is about us—the friars of the Province of St Augustine. It is a testament to the way in which our province has embraced our Capuchin charism and allowed friars to be the men they are.

Perhaps you are wondering, “What’s so special about being a regular guy?” A fine question. In today’s culture, expectations around being a man are confusing and perhaps even harmful to any individual man’s self-image. We are bombarded with images and ideas of what men ought to be: perfect bodies; surgically altered bodies; accept your body as it is; be tough and uncaring; be more sensitive and caring; men cannot control themselves; men are no different than women; etc. We Capuchins are Catholic. We know that all people are made in the image of God, and this is the basis for the image and idea of being a “regular guy” for us. I am convinced that this is what people see and what they get when they encounter the Capuchins. Regular guys relate to people as men following the Gospel of Jesus Christ. Jesus Himself is both human and divine and so we read in the Gospel that He related to others as a man in His own time and culture. We too are called to relate in this way. We must encounter others as individuals and as humans created in the image of God. We meet people where they are and invite them to celebrate who they are: men and women created in God’s image. We accompany them in their encounter with Jesus Christ, believing that His redeeming love can transform us.

July of 2019 began my first assignment out of formation as a lay brother. I was asked to be and accepted the assignment of assistant director of postulancy formation at Padre Pio Friary in Philadelphia. I now have the opportunity as part of a team of brothers to guide eight men in their journey to become “regular guys” in Christ. While their primary formator is the Holy Spirit and they must learn to cooperate with God’s grace in their lives, I hope to give witness through my life and work and prayer to the joy and peace of being a man in our Church today. Today we need “regular guys” in our Church to be leaders who can relate to others and, still more, lead people towards what is beyond us, God. God gave us the pathway in sending His only Son, Jesus Christ, to us as a man. In rising from the dead and ascending to heaven, Jesus lifted and transformed our fallen nature. In so doing, He made it possible for all of us, men and women alike, to follow Him to the Father.

I feel honored to have been chosen for formation ministry. I feel ready and excited and anxious because, let’s face it, I am not all that much older than the postulants themselves. I am reminded of the Lord’s words to Jeremiah, “Do not say, ‘I am too young.’ To whomever I send you, you shall go; whatever I command you, you shall speak.” So, I am confident in the Lord, who is strong when I am weak. I would ask you to pray for me in my new ministry that I will allow the Holy Spirit to work through me. Pray also that God continues to lift up “regular guys” for our Capuchin Order who can be leaders in the model of Jesus Christ.
Answering The Call

Vocation Prayer

Most High, Glorious God, enlighten the darkness of our minds. Give us a right faith, a firm hope and a perfect charity, so that we may always and in all things act according to Your Holy Will. Amen

2019 - 2020
CAPUCHIN FRANCISCAN
PROVINCE OF ST. AUGUSTINE

Joseph Sullivan

Isaac Garcia

Daniel Sullivan

Tam (Joseph), 23, was born in Sydney, Australia. His only sister is a Dominican Sister in Nashville, Tennessee. He currently lives in Virginia, but graduated from John Carroll University. Ryan is the only child of his parents. Ryan likes to practice Taekwondo and do flying kicks.

“I saw and the goodness of the Lord:” Ryan trusts that He will experience the goodness of God as he pursues his vocation in the postulancy program.

Isaak (Isaac), 22, was born in Venezuela but is a citizen of Spain. When he was eight years old, his family moved to Panama City where they currently live. He earned a college degree in Mechancial Engineering at the University of Panama. His favorites are soccer, basketball, surfing and reading poems.

“My strength I find my strength (2 Cor 12:10)” is what encourages Nacho to pursue religious life as a Capuchin.

Jack (John), 22, was born in Tennessee but later moved with his family to Alabama where they currently live. He has two sisters and one brother. He graduated with a double major degree in Philosophy and Theology from The Catholic University of America in Washington DC. Jack met the Capuchin friars in Washington and he regularly came Capuchin College for prayer and fraternity. Jack loves to play the guitar, the violin, and soccer, and is fluent in Spanish and English.

Joean expresses his journey with his own words that “whenever we take a single step to avoid the evil that we are unwilling to undergo we wish it need not have happened to our neighbor.”

The Lord is my light and my salvation” (Psalm 27:1) is what inspires Isaac to start religious life as a Capuchin.

Inaky (Nacho), 25, was born in Venezuela but is a citizen of Spain. When he was eight years old, his family moved to Panama City where they currently live. He earned a college degree in Mechanical Engineering at the University of Panama. Nacho has one brother who lives in Walces, Spain. Nacho is fluent in Spanish and English. He likes soccer, basketball, surfing and reading poems.

Sam, 23, was born in Cincinnati, Ohio, but lived most of his life in West Virginia. He graduated from Charleston Seminary and majored in Philosophy, achieving a degree from John Carroll University. Sam has three brothers and two sisters. Sam likes to play guitar, exercise, be with others and work with his hands.

“I liked the prospect of following in the footsteps of St. Francis, who desired to live Jesus with all of his being, and to love all people as his brothers and sisters.” ~ Bro. Tage Danielson, OFM Cap. ~

Connor, 22, was born in Connecticut but later moved with his parents to Oklahoma City. Connor has one brother. Connor graduated from George Washington University in Washington DC, majoring in Political Science. During his years of university study, Connor regularly came Capuchin College for prayer and fraternity. Connor also attended Mass on a regular basis with the friars. Connor likes to play golf, make coffee, and to work out.

“Seek ye first the kingdom of God and all these things shall be added unto you?” is a verse Connor was inspired to change his life as a Capuchin.

Connor also attended Mass on a regular basis with the friars. Prayer and fraternity. Jack likes to play the guitar.

Inaky expresses his journey with his own words that “whenever we take a single step to avoid the evil that we are unwilling to undergo we wish it need not have happened to our neighbor.”

There was a strong and violent wind rending the mountains and crushing rocks before the LORD— but the LORD was not in the wind; after the wind, an earthquake— but the LORD was not in the earthquake; after the earthquake, fire— but the LORD was not in the fire; after the fire, a light silent sound” (Ex 19:16-19) is what Jack draws from his journey had led him to us Capuchins.

Joseph has a special love for this saint who was a Capuchin brother from Altötting, Bavaria. Joseph is fluent in both Spanish and English. His favorites are hiking, running, cooking and reading.

Connor, Jack, Isaac and Nacho are Capuchins.

This is the rule of love: the good that we desire for ourselves we desire for our neighbor also; and the evil that we are unwilling to undergo we wish to prevent from happening to our neighbor.” ~ St. Augustine.

After the fire, a light silent sound” (Ex 19:19-20) is what Jack draws from his journey had led him to us Capuchins.

“I liked the prospect of following in the footsteps of St. Francis, who desired to live Jesus with all of his being, and to love all people as his brothers and sisters.” ~ Bro. Tage Danielson, OFM Cap. ~

Two Corinna 4:5 “For what we preach is not ours, but Jesus Christ as Lord, with ourselves as your servants for Jesus' sake” is how Sam sees his journey with us as Capuchins.

Connor, 22, was born in Connecticut but later moved with his parents to Oklahoma City. Connor has one sister. Connor graduated from George Washington University in Washington DC, majoring in Political Science. During his years of university study, Connor regularly came Capuchin College for prayer and fraternity. Connor also attended Mass on a regular basis with the friars. Connor likes to play golf, make coffee, and to work out.

“Seek ye first the kingdom of God and all these things shall be added unto you?” is a verse Connor was inspired to change his life as a Capuchin.

Connor also attended Mass on a regular basis with the friars. Prayer and fraternity. Jack likes to play the guitar.

Inaky expresses his journey with his own words that “whenever we take a single step to avoid the evil that we are unwilling to undergo we wish it need not have happened to our neighbor.”

There was a strong and violent wind rending the mountains and crushing rocks before the LORD— but the LORD was not in the wind; after the wind, an earthquake— but the LORD was not in the earthquake; after the earthquake, fire— but the LORD was not in the fire; after the fire, a light silent sound” (Ex 19:16-19) is what Jack draws from his journey had led him to us Capuchins.

Joseph, 25, was born in Puerto Rico. He is a graduate of the University of Puerto Rico with a major in Biology and History. His parents live in Puerto Rico. Joean attended Saint Conrad School, once founded by the Capuchins in his hometown of Ponce for both Elementary and High School. Because of his attendance at Saint Conrad School, Joseph has a special love for this saint who was a Capuchin brother from Altötting, Bavaria. Joseph is fluent in both Spanish and English. His favorites are hiking, running, cooking and reading.

Joseph expresses his journey with his own words that “whenever we take a single step to avoid the evil that we are unwilling to undergo we wish it need not have happened to our neighbor.”

There was a strong and violent wind rending the mountains and crushing rocks before the LORD— but the LORD was not in the wind; after the wind, an earthquake— but the LORD was not in the earthquake; after the earthquake, fire— but the LORD was not in the fire; after the fire, a light silent sound” (Ex 19:19-20) is what Jack draws from his journey had led him to us Capuchins.

John (Jack), 22, was born in Tennessee but later moved with his family to Alabama where they currently live. He has two sisters and one brother. He graduated with a double major degree in Philosophy and Theology from The Catholic University of America in Washington DC. Jack met the Capuchin friars in Washington and he regularly came Capuchin College for Mass, prayer, social and fraternity. Jack loves to play the guitar, violin, and soccer, and is fluent in Spanish and English.

Inaky expresses his journey with his own words that “whenever we take a single step to avoid the evil that we are unwilling to undergo we wish it need not have happened to our neighbor.”

There was a strong and violent wind rending the mountains and crushing rocks before the LORD— but the LORD was not in the wind; after the wind, an earthquake— but the LORD was not in the earthquake; after the earthquake, fire— but the LORD was not in the fire; after the fire, a light silent sound” (Ex 19:16-19) is what Jack draws from his journey had led him to us Capuchins.

“Seek ye first the kingdom of God and all these things shall be added unto you?” is a verse Connor was inspired to change his life as a Capuchin.

Connor also attended Mass on a regular basis with the friars. Prayer and fraternity. Jack likes to play the guitar.

Inaky expresses his journey with his own words that “whenever we take a single step to avoid the evil that we are unwilling to undergo we wish it need not have happened to our neighbor.”

There was a strong and violent wind rending the mountains and crushing rocks before the LORD— but the LORD was not in the wind; after the wind, an earthquake— but the LORD was not in the earthquake; after the earthquake, fire— but the LORD was not in the fire; after the fire, a light silent sound” (Ex 19:19-20) is what Jack draws from his journey had led him to us Capuchins.
Answering The Call
CAPUCHIN FRANCISCAN
PROVINCE OF ST. AUGUSTINE

2019 - 2020

Vocation Prayer
Most High, Glorious God, enlighten the darkness of our minds. Give us a right faith, a firm hope and a perfect charity, so that we may always and in all things act according to Your Holy Will. Amen

- St. Francis -

Tam (Joseph), 33, was born in Sydney, Australia. His only sister is a Dominican Sister in Melbourne, Australia. Joseph is a very0 forever longings in the US. Joseph has the following degrees: Bachelor in Architectural Engineering; Bachelor in Biology, and a Graduate Certificate in Research Method. Joseph enjoys backpacking, personal fitness and running. Joseph was previously in Capuchin formation in Australia.

Joseph invites Talbott to describe his Capuchin journey:
"I wish it need not have happened in my time," said Frodo. "Do not let it happen to you," said Gandalf, "and do all who live to see such times. But that is not for them to decide. All we have to decide is what to do with the time that is given to us." (from The Lord of the Rings, Fellowship of the Ring)

Joseph is currently living at Capuchin College in Washington DC, seeking a internship in Biblical Studies at the Catholic University of America.

Ivan, 21, was born in Mexico City, Mexico. He earned a college degree in Journalism from the Unim in Mexico City. He has one brother and one sister. Ivan spent 9 months studying English at the President of Saint Augustine’s Solana Caney program in Washington DC. Ivan’s hobbies are reading and cooking. Ivan is fluent in Spanish and English.

"The Lord is my light and my salvation” Psalm 27 is what inspires Ivan to start religious life as a Capuchin.

Daniel, 27, was born in Ohio. Daniel has two sisters and one brother. Daniel was a member of the Capuchin Formation Program at Borromeo in Cleveland for two years. He left the program and went on to earn a degree in Computer Science from John Carroll University. Even though he left Capuchin college formation, the attraction to the Capuchins remains. Last year he decided to discern again God’s call to study, Capuchin. Daniel likes to play the saxophone and to draw icons.

"This is the rule of love: the good that we desire for ourselves we desire for our neighbor also; and the evil that we are unwilling to undergo we wish to prevent from happening to our neighbor.”

- St. Augustine.

John (Jack), 22, was born in Tennessee but later moved with his family to Alabama where they currently live. He has two sisters and one brother. He graduated with a double major degree in Philosophy and Theology from The Catholic University of America in Washington DC. Jack met the Capuchin friars in Washington and he regularly came to Capuchin College for prayer and fraternity. Jack also attended Mass on a regular basis with the Friars. Jack likes to play the guitar. He has also enjoyed talking about philosophy and theology. Jack loves cats and likes to read comic books.

"There was a strong and violent wind rending the mountains and crushing rocks before the LORD— but the LORD was not in the wind— after the wind, an earthquake; but the LORD was not in the earthquake— after the earthquake, fire— but the LORD was not in the fire— after the fire, a light still sound” (II Kings 19:11-12) is what Jack draws from his journey and led him to us Capuchins.

"I liked the prospect of following in the footsteps of St. Francis, who desired to love Jesus with all of his being, and to love all people as his brothers and sisters.”

~ Bro. Tale Danielson, OFM Cap. ~
Joseph, 25, was born in Puerto Rico. He is a graduate of the University of Puerto Rico with a major in Biology and History. His parents live in Puerto Rico. Joseph attended Saint Conrad School, once founded by the Capuchins in his hometown of Ponce for both Elementary and High School. Because of his attendance at Saint Conrad School, Joseph has a special love for this vocation for who was a Capuchin brother from Altötting, Bavaria. Joseph is fluent in both Spanish and English. His favorites activities are hiking, running, cooking and reading.

Joseph expresses his journey with his own words that "whenever we take a single step to avoid God's call, God takes seven steps to stay in front of us,"

Connor, 22, was born in Connecticut but later moved with his parents to Oklahoma City. Connor has one brother, Connor graduated from George Washington University in Washington, DC majoring in Political Science. During his years of university study, Connor regularly came Capuchin College for prayer and fraternity. Connor also attended Mass on a regular basis with his friends. Connor likes to play golf, and work out. He says that "i wish it need not have happened in my time." Sam hadjis (Jack), 22, was born in Tennessee but later moved with his family to Alabama where they currently live. His parents live in Pittsburgh, PA. Connor has three brothers and two sisters. Sam has three brothers and four sisters. Connor likes to practice Taekwondo and do fly fishing.

"The Lord is my light and my salvation" Psalm 27 is what inspires Dan to start religious life as a Capuchin.

Daniel, 27, was born in Ohio. Daniel has two sisters and one brother. Daniel was a member of the Capuchin Formation Program at Borromeo in Cleveland for two years. He left the program and went on to earn a degree in Computer Science from John Carroll University. Even though he left Capuchin college formation, the attraction to the Capuchin Order remained within his heart. Last year he decided to discern again God’s call to a religious life. Dan enjoys playing the saxophone and to draw icons.

“... This is the rule of love: the good that we desire for ourselves we desire for our neighbor also; and this it is that we are unwilling to do to anyone as we would have done to ourselves, but Jesus Christ as Lord, with ourselves as your servants for Jesus’ sake” is how Sam sees his journey with us as a Capuchin. He earned a college degree in Mechanical Engineering at the University of Panama. Nacho has one brother who lives in Malaga, Spain. Nacho is fluent in Spanish and English. He likes soccer, basketball, surfing and reading comics.

"I liked the prospection of following in the footsteps of St. Francis, who desired to love Jesus with all of his being, and to love all people as his brothers and sisters." ~ Bro. Tage Danielson, OFM Cap. ~
**Answering The Call**

**2019 - 2020**

**Capuchin Franciscan Province of St. Augustine**

Vocation Prayer

Most High, Glorious God, enlighten the darkness of our minds. Give us a right faith, a firm hope and a perfect charity, so that we may always and in all things act according to Your Holy Will. Amen

**St. Francis -**

---

**Tam**

Joseph, 33, was born in Sydney, Australia. His one sister is a Dominican Sister in Nashville, Tennessee. Joseph’s love for learning began in his home, as he was educated by his parents. Joseph has the following degrees: Bachelor in Architectural Engineering, Bachelor of Science in Biology, and a Graduate Certificate in Research Method. Joseph enjoys bird watching, painting, and hiking. Joseph was previously in Capuchin formation in Australia.

Joseph invites Tolkien to describe his Capuchin journey:

“I wish it need not have happened in my time,” said Frodo. “Do be,” said Gandalf, “and so do all who live to see such things. But that is not for them to decide. All we have to decide is what to do with the time that is given us.” (from *The Lord of the Rings*, Fellowship of the Ring)

Joseph is currently living at Capuchin College in Washington DC, seeking a licentiate in Biblical Studies at the Catholic University of America.

**Daniel Sullivan**

Daniel, 27, was born in Ohio City, Mexico. He earned a college degree in Journalism from the University of Nevada Las Vegas. He has one brother and one sister. Isaac spent 9 months studying English at the University of Santiago’s Salva Carrey program in Washington DC. Isaac’s hobbies are reading and cooking. Isaac is fluent in Spanish and English.

“The Lord is my light and my salvation” Psalm 27 is what inspires Isaac to start religious life as a Capuchin.

**Connor Bannon**

Connor, 22, was born in Connecticut but later moved with his parents to Oklahoma City. Connor graduated from George Washington University in Washington DC, majoring in Political Science. During his years of university study, Connor regularly came Capuchin College for prayer and fraternity. Connor also attended Mass on a regular basis with the friars. Connor likes to play golf, read, and to work out.

“Seek ye first the kingdom of God and all these things shall be added unto you” is a verse Connor used to describe his journey with us as a Capuchin.

**Joseph Gomez**

Joseph, 25, was born in Puerto Rico. He is a graduate of the University of Puerto Rico with a major in Biology and History. His parents live in Puerto Rico. Joseph attended Saint Conrad School, once founded by the Capuchins in his hometown of Ponce for both elementary and high school. Because his father graduated at Saint Conrad School, Joseph has a special love for this vocation as it was a Capuchin brother from Abbotts, Bavaria. Joseph is fluent in both Spanish and English. His favorite activities are hiking, running, cooking and reading.

Joseph expresses his journey with his own words that “there was a single step to avoid God’s call, God takes seven steps to stay in front of us.”

**Connor Bannon**

Connor, 22, was born in Connecticut but later moved with his parents to Oklahoma City. Connor graduated from George Washington University in Washington DC, majoring in Political Science. During his years of university study, Connor regularly came Capuchin College for prayer and fraternity. Connor also attended Mass on a regular basis with the friars. Connor likes to play golf, read, and to work out.

“Seek ye first the kingdom of God and all these things shall be added unto you” is a verse Connor used to describe his journey with us as a Capuchin.

**Connor Bannon**

Connor, 22, was born in Connecticut but later moved with his parents to Oklahoma City. Connor graduated from George Washington University in Washington DC, majoring in Political Science. During his years of university study, Connor regularly came Capuchin College for prayer and fraternity. Connor also attended Mass on a regular basis with the friars. Connor likes to play golf, read, and to work out.

“In my weakness I find my strength” (2 Cor 12:10) is what encourages Nacho to pursue religious life with us.

**Joseph Gomez**

Joseph, 25, was born in Puerto Rico. He is a graduate of the University of Puerto Rico with a major in Biology and History. His parents live in Puerto Rico. Joseph attended Saint Conrad School, once founded by the Capuchins in his hometown of Ponce for both elementary and high school. Because his father graduated at Saint Conrad School, Joseph has a special love for this vocation as it was a Capuchin brother from Abbotts, Bavaria. Joseph is fluent in both Spanish and English. His favorite activities are hiking, running, cooking and reading.

Joseph expresses his journey with his own words that “there was a single step to avoid God’s call, God takes seven steps to stay in front of us.”

**Connor Bannon**

Connor, 22, was born in Connecticut but later moved with his parents to Oklahoma City. Connor graduated from George Washington University in Washington DC, majoring in Political Science. During his years of university study, Connor regularly came Capuchin College for prayer and fraternity. Connor also attended Mass on a regular basis with the friars. Connor likes to play golf, read, and to work out.

“In my weakness I find my strength” (2 Cor 12:10) is what encourages Nacho to pursue religious life with us.

**Connor Bannon**

Connor, 22, was born in Connecticut but later moved with his parents to Oklahoma City. Connor graduated from George Washington University in Washington DC, majoring in Political Science. During his years of university study, Connor regularly came Capuchin College for prayer and fraternity. Connor also attended Mass on a regular basis with the friars. Connor likes to play golf, read, and to work out.

“In my weakness I find my strength” (2 Cor 12:10) is what encourages Nacho to pursue religious life with us.

**Connor Bannon**

Connor, 22, was born in Connecticut but later moved with his parents to Oklahoma City. Connor graduated from George Washington University in Washington DC, majoring in Political Science. During his years of university study, Connor regularly came Capuchin College for prayer and fraternity. Connor also attended Mass on a regular basis with the friars. Connor likes to play golf, read, and to work out.

“In my weakness I find my strength” (2 Cor 12:10) is what encourages Nacho to pursue religious life with us.

**Connor Bannon**

Connor, 22, was born in Connecticut but later moved with his parents to Oklahoma City. Connor graduated from George Washington University in Washington DC, majoring in Political Science. During his years of university study, Connor regularly came Capuchin College for prayer and fraternity. Connor also attended Mass on a regular basis with the friars. Connor likes to play golf, read, and to work out.

“In my weakness I find my strength” (2 Cor 12:10) is what encourages Nacho to pursue religious life with us.

**Connor Bannon**

Connor, 22, was born in Connecticut but later moved with his parents to Oklahoma City. Connor graduated from George Washington University in Washington DC, majoring in Political Science. During his years of university study, Connor regularly came Capuchin College for prayer and fraternity. Connor also attended Mass on a regular basis with the friars. Connor likes to play golf, read, and to work out.

“In my weakness I find my strength” (2 Cor 12:10) is what encourages Nacho to pursue religious life with us.

**Connor Bannon**

Connor, 22, was born in Connecticut but later moved with his parents to Oklahoma City. Connor graduated from George Washington University in Washington DC, majoring in Political Science. During his years of university study, Connor regularly came Capuchin College for prayer and fraternity. Connor also attended Mass on a regular basis with the friars. Connor likes to play golf, read, and to work out.

“In my weakness I find my strength” (2 Cor 12:10) is what encourages Nacho to pursue religious life with us.

**Connor Bannon**

Connor, 22, was born in Connecticut but later moved with his parents to Oklahoma City. Connor graduated from George Washington University in Washington DC, majoring in Political Science. During his years of university study, Connor regularly came Capuchin College for prayer and fraternity. Connor also attended Mass on a regular basis with the friars. Connor likes to play golf, read, and to work out.

“In my weakness I find my strength” (2 Cor 12:10) is what encourages Nacho to pursue religious life with us.

**Connor Bannon**

Connor, 22, was born in Connecticut but later moved with his parents to Oklahoma City. Connor graduated from George Washington University in Washington DC, majoring in Political Science. During his years of university study, Connor regularly came Capuchin College for prayer and fraternity. Connor also attended Mass on a regular basis with the friars. Connor likes to play golf, read, and to work out.

“In my weakness I find my strength” (2 Cor 12:10) is what encourages Nacho to pursue religious life with us.

**Connor Bannon**

Connor, 22, was born in Connecticut but later moved with his parents to Oklahoma City. Connor graduated from George Washington University in Washington DC, majoring in Political Science. During his years of university study, Connor regularly came Capuchin College for prayer and fraternity. Connor also attended Mass on a regular basis with the friars. Connor likes to play golf, read, and to work out.

“In my weakness I find my strength” (2 Cor 12:10) is what encourages Nacho to pursue religious life with us.
Capuchin Franciscan Friars
Province of St. Augustine
Vocation Office
915 Vine Street
Philadelphia, PA 19107

Provincial Minister
Fr. Tom Betz, OFM Cap.

Vocation Director
Fr. Rafa Arguiano, OFM Cap.

Capuchin Franciscan priests and brothers have been serving Christ and the Church since 1528.

Come and See | Heed the Call

Alverno Discernment Retreat
Experience prayer and fraternity in a peaceful Franciscan setting. Take part in prayer, contemplation, Mass, adoration and the sacraments.

* March 13 - 15, 2020
* August 7 - 9, 2020
* October 9 - 11, 2020

Capuchin Formation Program Weekend
Explore Borromeo Seminary and John Carroll University while spending the weekend in Cleveland, OH.

* March 20 - 22, 2020

For more information:
215-592-7552 · vocation@capuchin.com

“Living the dream ...
... Making the difference!”